



# Janki Devi Memorial College (University of Delhi)

## *Alumnae Association*

*Under the Aegis of JDMC - IQAC Centre for Career  
Counselling, Career Opportunities, and Skill  
Enhancement  
presents*

A 30-hour online add-on course on

## **ANCIENT TECHNIQUES OF ACUPRESSURE**

(LEVEL 4)

in collaboration with



**Acupressure Shodh  
Prashikshan Evam Upchar  
Sansthan (ASPEUS),  
Prayagraj**

## Course Content

1. Chinese Meridian in Ayurvedic Mould
  - Symptoms of every organ
  - Treatment protocol for different diseases
  - Treatment by multiple organs
2. Six Qi
3. Colour therapy
4. Number therapy

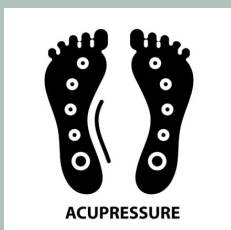


## Resource person



**Ramola Madnani**

**Professor at  
Acupressure  
Shodh  
Prashikshan Evam  
Upchar Sansthan  
(ASPEUS),  
Prayagraj**



## Work Experience

- She has been a coordinator in Delhi for ASPEUS, Allahabad.
- She initiated and has been teaching acupressure at JIMS, Rohini, New Delhi, since last two years.
- She has her own Therapy Centre in Mansarovar Garden, New Delhi.
- She has trained close to 5000 students till date, many of whom are practicing independently.

## Educational qualifications

- She did her graduation in 1979-1982 from Janki Devi Memorial College (JDMC), University of Delhi.
- She has done a certificate course related to Acupressure from Gujrat Ayurveda University, Jamnagar.
- She has completed several diploma and certificate courses related to Acupressure conducted by ASPEUS.

## *Who Can Join the Course?*

- Any curious head who has basic knowledge of acupressure can join.
- There are 50 seats. Selection will be made on a first-come, first-serve basis.
- 3 classes will be held in a week preferably on Tuesday, Thursday & Saturday.
- The course will begin on June 16, 2022.
- Classes will be conducted through Online Mode



## *How to Register?*

Interested Candidates can register at the following link:

<https://forms.gle/8yKmiTVFogC3khfV8>

- Course fee is Rs 3000.
- Reading material will be delivered to participants' registered addresses.
- Fees will be collected through online banking transactions.
- Fee once paid is non-refundable.
- Candidates must send a receipt/proof of successful payment to [addonalumnae@jdm.du.ac.in](mailto:addonalumnae@jdm.du.ac.in) and attach it to their registration form.

**Last Date to Register: June 14, 2022**

### **Account Details**

**A/c Name :JDMC Alumnae Association**

**Bank Name - Canara Bank**

**A/c No. : 8594101051815**

**IFSC Code : CNRB0008594**

**Branch: Janki Devi Memorial College,  
Sir Ganga Ram Hospital Marg, New  
Delhi - 110060**

## ***Evaluation***

1. On successful completion of the course, participants will be given E- Certificates.
2. Successful completion criteria-
  - Mandatory Attendance of 60% of the classes.
  - Securing at least 60% marks in tests/assignments, which will be conducted online.
  - Submission of all 4 assignments is mandatory.

*All queries will be taken through mail only, write to us at [addonalumnae@jdm.du.ac.in](mailto:addonalumnae@jdm.du.ac.in)*

**PROF. SANDHYA GARG**  
**PRESIDENT**  
**ALUMNAE ASSOCIATION**

**PROF. SWATI PAL**  
**PRINCIPAL**  
**JDMC**

## **CONTACT PERSONS**

### ***Course Convenor***

*Dr. Vibha Jain*

*Associate Professor*

*Department of Commerce, JDMC*

### ***Co-Convenors***

*Ms. Bhawna Pal*

*Assistant Professor*

*Department of Commerce, JDMC*

*Ms. Teena Kohli*

*Assistant Professor*

*Department of Mathematics, JDMC*

### ***Student Coordinators***

*Saakshi Ranjan, Muskan, Nikita Sangwan, Gunjan Chugh, Tanisha,  
Niharika, Harshita Gupta, Mitali Bareja*